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More than 90 participants joined Saturday's Sip and Stride 5K and 10K at Southern Revere Cellars to benefit the Fluvanna-Louisa Housing Foundation.

Photos by Douglas Cole

Benefit raises more than \$6,000 for Fluvanna-Louisa Housing Foundation

On Saturday, April 6, Southern Revere Cellars hosted their first "Sip & Stride 5K and 10K race for the Fluvanna-Louisa Housing Foundation." Over 90 people participated in the event, with dozens of others in attendance to watch and cheer on family and friends.

Sheridan Grime and Kim Hyland first met each other at the Louisa Chamber of Commerce Annual Meeting & Awards Ceremony. Grime was recognized as

"Businessperson of the Year," and the Fluvanna-Louisa Housing Foundation (FLHF) was recognized as "Community Partner of the Year."

Grime is one of the co-owners of Southern Revere Cellars, and Hyland is the Executive Director of FLHF. Grime knew immediately that she wanted to partner with the foundation in some way.

"We kept on brainstorming, and finally came up with this event today," Grime said. "We did a lot of driving around, and measuring, and "GPSing" and came up with an awesome route."

The 5K was two laps, and the 10K was four. The route took participants over and under the rolling hills of Louisa, around several creeks, past Southern Revere Cellars pond and through its vineyard area. Grime said Southern Revere Cellars has 70 acres of land, and it was neat to share parts of the property that customers had never seen before.

Lloyd Runnett is the Executive Director of the Louisa Resource Council. Runnett had a major stroke and open heart surgery six months ago, and had a personal goal just to make it to the end of his walk of the 5k. He said the council and housing foundation often work together in the community.

"Kim is such a good leader at the Fluvanna-Louisa Housing Foundation. [The Resource Council and FLHF] work together so well, I just really wanted to come out and support the foundation and support her," Runnett said. "I can't say enough about all of the good people that showed up out there today and walked and ran, and had a good time."

David Vogt is the President of the Board for FLHF. Vogt noted there were a lot of hills during the race, but said people of all levels of athleticism and age were participating.

"I think this is what it's all about," Vogt said. "It takes everyone in the community doing their part, and the more overlap that we get, the more buy-in that we get, the more participation that we get in all of the different realms that we're working in—a rising tide raises all ships."

Clyde Harkrader from Goochland saw the event on Instagram and wanted to support the cause. His 8-year-old daughter, Joan Harkrader, took 2nd place in the "19 and under category," and proudly displayed her prize and free soft drink.

"This is great, and the cause of the Fluvanna-Louisa Housing Foundation, we are glad to be supporting something like this," Clyde Harkrader said.

Tom Payne, at 82-years-old, did a combination of walking and running for the 5K in the "over 70 division." Three generations of his family participated in the race.

"I think it's great, I really do," Payne said. "You had little kids, and you had old people like me. Hopefully, next year, if we do it again, we'll have even more!"

Debbie Cole is a volunteer for donor relations in the FLHF. Cole was ecstatic that over 90 people were able to participate in the run.

"We had seven sponsors that are all local, and they have just been amazing," Cole said. "People just want to support the foundation. We are going to be building 42 homes, they will be built for seniors and essential workers."

Grime said she was amazed at the success of the event, especially since this was its first time. Southern Revere Cellars is continuing to support FLHF through the month of April by donating \$1 for each one of their Oktoberfest beers sold.

Hyland said the event was able to raise over \$6,000 for FLHF.

Hyland, Cole, and Vogt all reiterated the event would not have been possible without the support of its seven sponsors. Sponsors included Blue Ridge Bank, am-

cor inc., Bethel Builders, Southern Image Design Builders, United Bank, Antioch Baptist Church, and April Landscaping Services, LLC.